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Physicians & Surgeons of the Foot and Ankle www.Michiganfootandankle.com

PHENOL NAILS POST-OPERATIVE INSTRUCTIONS

- 1. You have just had a surgical procedure performed.
- 2. There may be some bleeding through the bandage. This is normal.
- Beginning the day after the surgery and repeating daily remove bandages and soak the area in cool water with the medicine twice daily or as directed and apply antibiotic cream and Band-Aid.

IMPORTANT:

- 1 Tablespoon (medicine) Epsom Salt or Phisphex per quart of water. Use cool water only. **NO HOT WATER.**
- 4. Expect to see a cosmetically unpleasant toe. This is normal.
- 5. Avoid any shoe pressure.
- 6. Call me as instructed.
- 7. See me in the office as directed.
- 8. Use ice bag if necessary.
- 9. Take Aspirin, Tylenol, Ibuprofen or Aleve for discomfort if necessary.
- Elevate the surgical area if necessary.
- 11. If you have any questions at all call the office at (248) 548-7363.

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